



Jon Meade Huntsman, Jr.

Governor

Declaration

Whereas, more than 90 percent of all Americans do not eat the recommended amount of fruits and vegetables;

Whereas, fewer than 25 percent of Utahns consume at least 5 servings of fruits and vegetables daily;

Whereas, most Americans need to double the amount of fruits and vegetables they consume daily to meet the U.S. Department of Health & Human Services Dietary Guidelines for Americans;

Whereas, inadequate consumption of fruits and vegetables is a health risk, among others, for obesity and chronic diseases;

Whereas, the Centers for Disease Control and Prevention, the Produce for Better Health Foundation, and others are partnering in support of Fruits & Veggies – More Matters, a new national public health initiative created to encourage Americans to eat more fruits and vegetables; and,

Whereas, the 5-a-Day Association of Utah, a partnership of public agencies, private industries and community organizations, supports this national initiative;

Now, Therefore, I, Jon M. Huntsman Jr., Governor of the State of Utah, do hereby declare September 2007 as

Fruits & Veggies – More Matters Month

A handwritten signature in black ink, reading "Jon M. Huntsman Jr." in a cursive style.

Governor